

Financial hardship and practical assistance

Cancer treatment can put enormous strain on your resources and sometimes a little help can go a long way. We offer financial assistance to patients undergoing cancer treatment who meet our financial hardship criteria. Where available, we can also provide short-term practical assistance such as in-home childcare, light domestic cleaning and gardening for eligible patients who have limited support or resources.

Legal, financial and employment support

If you need assistance with financial planning, debt consolidation, access to superannuation, planning your Will, power of attorney, or any other matters legal or financial, we may be able to connect you to a lawyer or financial planner. Eligibility criteria applies.

We also offer a Workplace Advisory Service and Small Business Advisory Service, which links patients and carers with specialist professionals, who provide advice and support on workplace and self-employment issues before and during cancer treatment.

Wellbeing after Cancer

Our Wellbeing after Cancer program offers support to people for the time after their cancer treatment has finished. This may include complete recovery from cancer, or perhaps now living with cancer.

How you can help

We have an amazing team of volunteers located across the state, who assist us with all areas of our work. Volunteers can get involved in a range of local activities including:

- fundraising
- providing administrative support
- participating in community education
- supporting those affected by cancer

If you are interested in volunteering, please visit our website at **cancerwa.asn.au** to view current vacancies or contact your local Regional Cancer Support Centre.



How we fund our work

As a non-government, not-for-profit organisation, we rely on the generous support of the WA community to fund our programs and services. Funds are raised through donations, bequests, fundraising and events. To find out more about how you can help, please visit **cancerwa.asn.au**.

You first then cancer

With a wide range of services, we tailor support to you, to help all West Australians face the challenges of cancer.

Our tailored support includes:

- Counselling
- Support Groups
- Trusted Information
- Financial Assistance
- Exercise and Yoga classes
- Legal Advice
- Transport and Accommodation
- Wig Service
- Education Programs and more.

We put you first, then cancer.



For support and information on cancer and cancer-related issues, speak to a cancer nurse on **13 11 20**. Calls are confidential and available statewide Monday to Friday during business hours. Local call costs apply, except for mobiles.

Regional Cancer Support Services.



Practical and support information

13 11 20
Cancer Council



Supporting the community

At Cancer Council Western Australia, we understand that a cancer diagnosis can have an enormous impact on anyone affected by cancer. This brochure outlines the range of practical and emotional support, professional services and information we offer to those affected by cancer living in regional parts of WA.



Regional Cancer Support Coordinators

We have dedicated Cancer Support Coordinators, with health professional backgrounds, located across the state. They have extensive knowledge of what cancer related services and resources are available in their regions and can provide:

- Emotional support and accurate information for anyone affected by cancer.
- An opportunity to have a confidential discussion to ensure that information and support is tailored to your personal needs. Face-to-face where possible, via telephone or video call.
- Referrals to a variety of free professional services.

Many of our Cancer Support Coordinators are based from one of our Cancer Support Centres. Our Centres are located close by to a local cancer treatment centre and offer a selection of the services onsite as well as online.


Where possible our Cancer Support Coordinators visit their local cancer treatment centres, to offer support and information on site. Please ask your local Cancer Support Coordinator or call our 13 11 20 Cancer Information and Support Line for more information.

For regional patients staying at our accommodation Lodges in Perth, a Cancer Support Coordinator is available on site during business hours on most weekdays.

Get in touch with us

To find out how to contact one of our Cancer Support Coordinators or for further information about any of the services in this brochure:

- Phone 13 11 20 and speak to one of our cancer nurses who can provide anyone affected by cancer accurate information and support for any cancer-related concerns. *Calls are confidential and available statewide Monday to Friday during business hours.*
- Visit our website at **cancerwa.asn.au**.

 Interpreter	<p>If you need information in a language other than English, an interpreting service is available. Call 13 14 50.</p>	<p>If you are deaf, or have a hearing or speech impairment, you can contact us through the National Relay Service by phone 1800 555 660. www.relayservice.gov.au</p>
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Patient Assisted Travel Scheme (PATs)

Patients living in a WA Country Health Service region, who need to travel more than 100kms to access the nearest eligible medical specialist service, may qualify for a subsidy towards the cost of travel and accommodation through the Government Patient Assisted Travel Scheme (PATs). PATs assistance must be approved before you travel.

Accommodation in Perth

Our two self-catering Lodges offer a comfortable home away from home for eligible regional cancer patients and their carers, who need to travel to Perth for assessment and treatment.

Our Lodges provide a supportive environment and offer free transport to and from treatment for Lodge guests (conditions apply).

Transport to Treatment

In some regions across WA, through the generous support of volunteer drivers, we offer free transport for eligible patients to and from their cancer-related treatments or appointments.

Wig Service

Our free Wig Service includes an extensive range of wigs in the latest styles and colours. You may borrow a wig for as long as you like, and exchange it as many times as you need. A range of turbans and scarves are also available for loan.

Our Wig Service is available in Perth and some of our Regional Cancer Support Centres. It is run with the help of trained volunteers who assist with selection and fitting of our products. If you are unable to visit a Wig Service, products can be posted to you.

Cancer counselling

If you or someone close to you has been diagnosed with cancer, we offer a short-term face-to-face, telehealth or telephone counselling service. This service is available in Perth metropolitan and regional WA through our Counselling Network.

Life Now Exercise and Meditative Courses

The Life Now Program offers cancer patients and their primary carers free, introductory, Exercise, Meditation, Mindfulness, Tai Chi and Yoga courses at locations across Western Australia and online.

All courses are delivered by experienced facilitators in a safe and supportive environment.*

*Eligibility criteria applies

Cancer Support Groups

Cancer support groups bring people together who have been affected by cancer, including partners, carers and family members, in a confidential and supportive environment. They provide a place to obtain information and to discuss ways of coping with the challenges of life after a cancer diagnosis.

Complementary therapies

Complementary therapies are supportive therapies that can be used alongside cancer treatments to improve general wellbeing and quality of life. These are provided at some of our Cancer Support Centres by qualified therapists who volunteer their time.

Peer support

Cancer Connect is a telephone-based peer support program which can link you to a trained volunteer who has had a similar experience to yours.

There is also an online support community providing a safe forum to receive and provide support in groups, discussions, blogs and webinars. This can be accessed at **cancercouncil.com.au/oc**.