

# When UV is 3 or above be SunSmart.

But how do you know when?

## Grab the free SunSmart App!

The sun's ultraviolet (UV) radiation is the major cause of skin cancer.

UV cannot be seen or felt and can damage you on cool or cloudy days.

The sun protection times tell you when UV is forecast to reach 3 and above, that's the time to be SunSmart.

Grab the app or visit  
**myUV.com.au**



# Think UV not heat!

When UV is 3 or above  
be SunSmart



SLIP



SLOP



SLAP



SEEK



SLIDE

Find your UV forecast at [myUV.com.au](http://myUV.com.au)