

Publications and resources for people affected by cancer.

**We provide a range of free
booklets, fact sheets and
resources online via our website
cancerwa.asn.au or by calling
13 11 20.**



Booklets and fact sheets cover various cancer-related information about:

- Understanding types of cancer
- Understanding treatment
- Advanced cancer
- Practical and support information
 - o including Cancer and your finances, Nutrition and cancer and Talking to kids about cancer
- Coping with cancer
 - o including Caring for someone with cancer and Emotions and cancer
- A variety of fact sheet topics include
 - o Fatigue and cancer, Hair loss, Lymphoedema, Questions to ask your doctor and Taste and smell changes

Resources

- Life Now Exercise and Nutrition DVD
- Life Now Meditation and Relaxation CD
- Podcasts, Webinars and E-books

Our booklets and resources are intended to complement information provided by health-care teams.



For support and information on cancer and cancer-related issues, speak to a Cancer Council Nurse on **13 11 20**. Calls are confidential and available statewide Monday to Friday during business hours.