



Department of Health



WHAT'S REALLY HIDING IN CIGARETTE SMOKE?

Cigarettes deliver over 7000 toxic chemicals to your body and at least 69 of them cause cancer.

Many of these are found in deadly household products like nail polish remover, batteries, rat poison and cleaning agents.

Now that you know more about the damage being done to your body by this poisonous cocktail, don't swallow it any more.

For help to quit smoking, call the Quitline on 13 7848 or visit makesmokinghistory.org.au

MAKE SMOKING HISTORY