

WE CARE FOR YOUR HEALTH



HAVE YOU THOUGHT ABOUT MAKING A QUIT ATTEMPT?

If you'd like to start your journey to quit smoking and/or vaping, speak to your GP or call 13 7848 or text 'call back' to 0482 090 634 to speak with a Quitline counsellor. They'd love to help.



Scan the QR
code for more tips
and support.

MAKE SMOKING
HISTORY 