

# THANK YOU FOR NOT SMOKING OR VAPING



WE CARE FOR YOUR  
HEALTH AND OTHERS

If you'd like to start your journey to quit smoking and/or vaping, speak to your GP or call 13 7848 or text 'call back' to 0482 090 634 to speak with a Quitline counsellor. They'd love to help.



Scan the QR  
code for more tips  
and support.

MAKE SMOKING  
**HISTORY**  <sup>®</sup>